The Basic Core

Português

Portuguese (Brazil)

Portuguese, July 2018

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name

classroom

basic core start date

basic core finish date

What is the Basic Core?

The Basic Core contains essential elements of the language you will need to master in order to fulfill your purpose in your mission language. It will help you establish a foundation, focus your study, and evaluate your progress. The Basic Core includes vocabulary, phrases, and scriptures that will help you master the six teaching tasks. Set goals and work diligently to quickly master the these tasks.

What are the 6 Tasks?

Meet Someone
Offer a Prayer
Testify
Extend an Invitation
Share a Scripture
Give a Simple Overview

Which Scriptures and Passages?

Your Missionary Purpose

Moroni 10:3-5

Baptismal Invitation

Joseph Smith's First Vision

How Long Do I Have?

You will have ten days to master the six tasks, additional vocabulary, and the four scriptures and passages.

How Do I Track My Progress?

Your teacher or companion will check the box to the left of the task or vocabulary when you can correctly answer the question "what is _____ in Portuguese?"

The 5 Principles of Memorization

1. **Know the Meaning:** Always find out the meaning of what you are learning and write it down if necessary. When you are learning words, don't ignore how prefixes and suffixes affect meaning. Additionally, you should practice repeating the meaning of each word out loud.

2. **Focus on the Form:** All language is made up of two things: the meaning and the words which carry that meaning. Form includes how it sounds, how it's pronounced, and how it's written. Form also includes noticing patterns in grammar and word order in phrases. Find out how to say each word and practice until you can pronounce it correctly.

3. **Practice Aloud:** We learn and remember language better when we practice it physically, building muscle memory. Practice your words, phrases, or grammar out loud, repeatedly. Say it again and again until it becomes automatic and you can do it without looking.

4. **Apply it:** Applying it well means using what you are learning in real situations. If it's part of a lesson, practice teaching it to your companion. Finally, think about the meaning of what you say and express it with feeling.

5. **Plan Spaced Reviews:** Step 5 moves language to your long-term memory where it will remain for good. Early reviews should be done aloud and may require you to use notes or materials to look up certain parts. They are completed when you can fluently produce the vocabulary or grammar without looking at notes. Later reviews can be less frequent and can be done without notes while doing other physical tasks like walking or standing.

Scriptures and Passages

- ☐ Your Missionary Purpose

  Preach My Gospel, 1

- ☐ The Baptismal Invitation

  Preach My Gospel, 40

- ☐ Joseph Smith's First Vision

  Preach My Gospel, 37

- ☐ Moroni 10:3-5

Alphabet and Pronunciation

Portuguese Alphabet

	Letter	English Sound
☐	a	father, omega
☐	b	somebody
☐	c	skill, sit (before i and e)
☐	ç	sap
☐	d	doctor
☐	e	let, me
☐	f	final
☐	g	go, measure (before i and e)
☐	h	silent
☐	i	me
☐	j	measure
☐	k*	skill
☐	l	lead, show (end of word)
☐	m	meet, sing (end of word)
☐	n	next
☐	o	no, spoon
☐	p	pen
☐	q	skill, queen
☐	r	buddy
☐	s	sit, zebra
☐	t	take
☐	u	boot
☐	v	Virginia
☐	w*	waffle
☐	x	zebra, shoe, fix, slipper
☐	y*	yoke
☐	z	zoo, sit

*k, w, and y are rarely used in Portuguese.

Common Vowel Combinations

	Portuguese	English Sound
☐	ai	eye
☐	au	down
☐	ou	flow
☐	ei	day
☐	eu	let + boot
☐	ia	Korea
☐	io	me + no
☐	iu	me + boot
☐	oa	Noah
☐	ea	let + father

Additional Sounds

☐	ch	fish
☐	de (end of word/by itself)	genius
☐	di	genius
☐	r (beginning of word)	house
☐	rr	house
☐	te (at end of word/by itself)	cheek
☐	ti	cheek

Meet Someone

Phrases

☐ How are you doing?	Como você está?
☐ I am Elder ____.	Eu sou Élder ____.
☐ I am from ____.	Eu sou de ____.
☐ I am Sister ____.	Eu sou a Síster ____.
☐ My name is ____.	O meu nome é ____.
☐ Pleased to meet you.	Prazer em conhecê-lo(a).
☐ What is your name?	Qual é o seu nome?
☐ Where are you from?	De onde você é?
☐ Hello.	Olá.
☐ Goodbye.	Tchau.

Vocabulary Words

☐ brother	o irmão
☐ city	a cidade
☐ companion	o/a companheiro(a)
☐ country	o país
☐ countryside	o campo
☐ daughter	a filha
☐ Elder	Élder
☐ family	a família
☐ father	o pai
☐ good	bom/boa
☐ good afternoon	boa tarde
☐ good evening	boa noite
☐ good morning	bom dia
☐ he	ele
☐ hers	dela
☐ his	dele
☐ how	como
☐ husband	o marido
☐ I	eu
☐ it	ele (fem)/ela (mas)
☐ its	seu (fem)/sua (mas)
☐ Lord	o Senhor
☐ married	casado(a)

☐	missionary	o/a missionário(a)
☐	my	meu
☐	name	nome
☐	nice	simpático(a)
☐	of, from	de
☐	pleasure	o prazer
☐	representative	o/a representante
☐	servant	o/a servo(a)
☐	she	ela
☐	Sister	Síster
☐	sister	irmã
☐	The Church of Jesus Christ of Latter-day Saints	A Igreja de Jesus Cristo dos Santos dos Últimos Dias
☐	their	delas (fem)/deles (mas)
☐	they	elas (fem)/eles (mas)
☐	to be	estar (state) ser (characteristic)
☐	to come	vir
☐	to get to know	conhecer
☐	to go	ir
☐	to grow up	crescer
☐	to have	ter
☐	to know (information)	saber
☐	to know (familiarity)	conhecer
☐	to live	viver
☐	to meet	conhecer
☐	to please	agradar
☐	to represent	representar
☐	town	o município
☐	we	nós
☐	where	onde
☐	which, what	qual
☐	wife	a esposa
☐	you	você
☐	you all	vocês
☐	your	sua (fem)/seu (mas)

Offer a Prayer

Phrases

☐	Dear Heavenly Father,	Querido Pai Celestial,
☐	Please help us to learn ____.	Por favor, ajuda-nos a aprender ____.
☐	We thank thee for Thy love.	Agradecemos-Te por Teu amor.
☐	We ask Thee to bless us with Thy Spirit	Pedimos-Te que nos abençoes com o Teu espírito.
☐	Please bless my companion.	Por favor, abençoa meu companheiro.
☐	God always listens to our prayers.	Deus sempre escuta às nossas orações.
☐	In the name of Jesus Christ, amen.	Em nome de Jesus Cristo. Amém.

Vocabulary Words

☐	always	sempre
☐	amen	amém
☐	answer	a resposta
☐	blessing	a bênção
☐	charity	a caridade
☐	comfort	o conforto
☐	dear	querido(a)
☐	for	para/por
☐	gift of tongues	o dom de línguas
☐	grateful	grato(a)
☐	gratitude	a gratidão
☐	guidance	a orientação
☐	Heavenly Father	Pai Celestial
☐	help	a ajuda
☐	house	a casa
☐	inspiration	a inspiração
☐	Jesus Christ	Jesus Cristo
☐	opportunity	a oportunidade
☐	our	nosso(a)
☐	patience	a paciência
☐	prayer	a oração

☐	prophet	o profeta
☐	safety	a segurança
☐	strength	o ponto forte
☐	thankful	grato(a)
☐	thanks	obrigado(a)
☐	the Holy Ghost	o Espírito Santo
☐	to address	dirigir-se
☐	to ask (a question)	perguntar
☐	to ask (request)	pedir
☐	to bless	abençoar
☐	to close	encerrar
☐	to communicate	comunicar
☐	to confirm	confirmar
☐	to express	expressar
☐	to feel	sentir
☐	to find out	descobrir
☐	to forgive	perdoar
☐	to give	dar
☐	to hear	ouvir
☐	to help	ajudar
☐	to invite	convidar
☐	to kneel	ajoelhar-se
☐	to learn	aprender
☐	to listen	escutar
☐	to offer	oferecer
☐	to pray	orar
☐	to receive	receber
☐	to thank	agradecer
☐	to want	querer
☐	today	hoje
☐	tomorrow	amanhã
☐	truth	a verdade
☐	when	quando
☐	with	com

Testify

Phrases

☐	God is our Heavenly Father.	Deus é nosso Pai Celestial.
☐	We are His children.	Nós somos Seus filhos.
☐	Jesus Christ is the Son of God.	Jesus Cristo é o Filho de Deus.
☐	Through His Atonement, we can receive eternal life.	Por meio de Sua Expiação, podemos receber a vida eterna.
☐	We can return to God by keeping ourselves clean.	Nós podemos voltar a viver com Deus ao nos mantermos limpos.
☐	I know that ____.	Eu sei que ____.
☐	I am thankful for the love of our Heavenly Father.	Sou grato(a) pelo amor de nosso Pai Celestial.

Vocabulary Words

☐	atonement	a Expiação
☐	because	porque
☐	blessed	abençoado(a)
☐	children	as crianças/os filhos
☐	church	a igreja
☐	clean	limpo(a)
☐	closer	mais perto
☐	commandment	o mandamento
☐	effect	o efeito
☐	feeling	o sentimento
☐	forgiveness	o perdão
☐	God	Deus
☐	gospel	o evangelho
☐	heart	o coração
☐	Holy Ghost	o Espírito Santo
☐	hope	a esperança
☐	if	se
☐	Joseph Smith	Joseph Smith
☐	joy	a alegria
☐	lives	as vidas

☐	living	vivo(a)
☐	love	o amor
☐	loving	amoroso(a)
☐	mind	a mente
☐	must	dever
☐	peace	a paz
☐	priesthood	o sacerdócio
☐	sacred	sagrado(a)
☐	Savior	o Salvador
☐	Spirit	o Espírito
☐	testimony	o testemunho
☐	that/those (fem)	essa(s)
☐	that/those (mas)	esse(s)
☐	that (neu)	isso
☐	The Book of Mormon	O Livro de Mórmon
☐	this/these (fem)	esta(s)
☐	this/these (mas)	este(s)
☐	this (neu)	isto
☐	to answer	responder
☐	to appear	aparecer
☐	to be able to	poder
☐	to believe	acreditar
☐	to change	mudar
☐	to desire	desejar
☐	to exist	existir
☐	to follow	seguir
☐	to keep	continuar
☐	to love	amar
☐	to sacrifice	sacrificar
☐	to testify	testificar
☐	to witness	testemunhar
☐	true	verdadeiro(a)

Extend an Invitation

Phrases

☐	Will you be baptized?	Você vai ser batizado(a)?
☐	How can we help you to prepare for baptism?	Como podemos ajudá-lo(a) a preparar-se para o batismo?
☐	In order to be baptized, you need to attend church regularly.	Para ser batizado, você precisa frequentar a igreja regularmente.
☐	I know that God will bless you for your faith to repent.	Eu sei que Deus vai abençoá-lo(a) pela fé que tem para arrepender-se.
☐	Will you pray to God about the truthfulness of the Book of Mormon?	Você vai orar a Deus sobre a veracidade do Livro de Mórmon?

Vocabulary Words

☐	baptism	o batismo
☐	commitment	o compromisso
☐	congratulations	parabéns
☐	covenant	o convênio
☐	daily	diariamente
☐	difficult	difícil
☐	doubt	a dúvida
☐	evening	a noite
☐	example	o exemplo
☐	happiness	a felicidade
☐	message	a mensagem (gospel) o recado (note)
☐	problem	o problema
☐	question	a pergunta
☐	Sabbath day	o Dia do Senhor
☐	sad	triste
☐	suggestion	a sugestão
☐	the Word of Wisdom	a Palavra de Sabedoria
☐	to attend	frequentar
☐	to baptize	batizar
☐	to begin	começar
☐	to call	chamar
☐	to come by	passar

☐ to commit	cometer
☐ to continue	continuar
☐ to discuss	discutir
☐ to experience	experimentar
☐ to extend	extender
☐ to hope	esperar
☐ to make sure	verificar
☐ to obey	obedecer
☐ to overcome	vencer
☐ to prepare	preparar
☐ to promise	prometer
☐ to recommit	comprometer-se novamente
☐ to repent	arrepender-se
☐ to return	voltar
☐ to start	começar
☐ to stop	parar
☐ to strengthen	fortalecer
☐ to trust	confiar
☐ to try	tentar

Share a Scripture

Phrases

☐	May we read a scripture in the Book of Mormon together?	Podemos ler uma escritura no Livro de Mórmon juntos?
☐	Let's read a scripture about faith.	Vamos ler uma escritura sobre a fé.
☐	Please, read these verses out loud.	Por favor, leia estes versículos em voz alta.
☐	It's on page ____.	Está na página ____.
☐	According to this verse, why is baptism important?	De acordo com este versículo, por que o batismo é importante?
☐	How do you feel about ____?	Como você se sente sobre ____?
☐	Diligently studying the scriptures helps us to understand truth.	Estudar as escrituras diligentemente nos ajuda a compreender a verdade.

Vocabulary Words

☐	about	sobre
☐	aloud	em voz alta
☐	Bible	a Bíblia
☐	chapter	o capítulo
☐	Doctrine and Covenants	Doutrina e Convênios
☐	during	durante
☐	experience	a experiência
☐	important	importante
☐	New Testament	O Novo Testamento
☐	number	o número
☐	Old Testament	O Antigo Testamento
☐	on	ligado(a)
☐	page	a página
☐	Pearl of Great Price	Pérola de Grande Valor
☐	people	as pessoas (humans) o povo (nation)
☐	please	por favor
☐	principle	o princípio
☐	promise	a promessa
☐	scripture	a escritura

☐	section	a seção
☐	there is	há
☐	thought	o pensamento
☐	to apply	aplicar
☐	to become	tornar-se
☐	to explain	explicar
☐	to find	encontrar
☐	to like	gostar de
☐	to look for	procurar
☐	to mean	significar
☐	to notice	perceber
☐	to read	ler
☐	to share	compartilhar
☐	to show	mostrar
☐	to study	estudar
☐	to teach	ensinar
☐	to think	pensar
☐	verse	o versículo
☐	while	enquanto
☐	one	uma (fem) um (mas)
☐	two	duas (fem) dois (mas)
☐	three	três
☐	four	quatro
☐	five	cinco
☐	six	seis
☐	seven	sete
☐	eight	oito
☐	nine	nove
☐	ten	dez

Give a Simple Overview

Phrases

☐	Do you believe in God and Jesus Christ?	Você acredita em Deus e Jesus Cristo?
☐	What has lead you to believe that?	O que levou você a acreditar nisso?
☐	Through Jesus Christ, we can overcome sin.	Através de Jesus Cristo, podemos vencer o pecado.
☐	We are missionaries of The Church of Jesus Christ of Latter-day Saints.	Somos missionários(as) de A Igreja de Jesus Cristo dos Santos dos Últimos Dias.
☐	The Book of Mormon testifies of Jesus Christ.	O Livro de Mórmon testifica de Jesus Cristo.
☐	Would you like to learn more about the Book of Mormon?	Gostaria de aprender mais sobre o Livro de Mórmon?
☐	We have a message about Jesus Christ.	Temos uma mensagem sobre Jesus Cristo.

Vocabulary Words

☐	faith	a fé
☐	first	primeiro(a)
☐	in	dentro
☐	knowledge	o conhecimento
☐	life	a vida
☐	more	mais
☐	no	não
☐	obedience	a obediência
☐	or	ou
☐	plan	o plano
☐	repentance	o arrependimento
☐	restored	restaurado(a)
☐	salvation	a salvação
☐	thing	a coisa
☐	time	o tempo (time) a vez (occasion)
☐	to come back	voltar
☐	to enjoy	desfrutar
☐	to restore	restaurar
☐	to take	tomar
☐	to talk	falar

☐ to teach	ensinar
☐ well	bem
☐ what	o que

Helpful Phrases

Phrases

☐ Bless you.	Saúde.
☐ Could you repeat that please?	Você poderia repetir isso, por favor?
☐ Did I understand you correctly?	Eu entendi você corretamente?
☐ Did you understand?	Você entendeu?
☐ Excuse me.	Com licença.
☐ Good job!	Bom trabalho!
☐ Help me, please.	Por favor, me ajude.
☐ How do you say ____?	Como se diz ____?
☐ I don't understand.	Eu não entendo.
☐ I have a question.	Eu tenho uma pergunta.
☐ I'm not sure that I understand you.	Eu não tenho certeza de que eu entendo você.
☐ I'm sorry.	Desculpe.
☐ It's ____ o'clock.	São ____ horas.
☐ It's okay.	Está bem.
☐ May I speak in English?	Posso falar em Inglês?
☐ No problem.	Sem problema.
☐ Please say it again.	Fale de novo, por favor.
☐ Repeat that please.	Repita por favor.
☐ Say it slower, please.	Fale mais devagar, por favor.
☐ Thank you.	Obrigado(a).
☐ What does ____ mean?	Que significa ____?
☐ What is this called in Portuguese?	Como se chama isto em Português?
☐ What is this called?	Como se chama isto?
☐ What is your question?	Qual é a sua pergunta?
☐ What time is it?	Que horas são?
☐ Where are we going?	Para onde vamos?
☐ You're welcome.	De nada.

Vocabulary Words

☐	bathroom	o banheiro
☐	book	o livro
☐	cafeteria	a cafeteria
☐	camera	a câmera
☐	cell phone	o celular
☐	chair	a cadeira
☐	classroom	a sala de aula
☐	clock	o relógio
☐	companionship study	o estudo de companheirismo
☐	computer	o computador
☐	devotional	o devocional
☐	dictionary	o dicionário
☐	district	o distrito
☐	English	o Inglês
☐	notebook	o caderno
☐	paper	o papel
☐	pen	a caneta
☐	pencil	o lápis
☐	personal study	o estudo pessoal
☐	slow	devagar
☐	teacher	o/a professor(a)
☐	telephone	o telefone
☐	there	aí ali lá
☐	to repeat	repitir
☐	to review	revisar
☐	to say	dizer
☐	to understand	entender

Notes

Notes

THE CHURCH OF

JESUS CHRIST

OF LATTER-DAY SAINTS

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